

## **Physical Education BTEC**

Subject Leader: Mr. S. Eddleston.

Exam Board: Edexcel

Level: 3 BTEC

The BTEC qualifications in this specification are QCF level 3 qualifications designed to provide highly specialist, work-related qualifications in a range of vocational sectors. They give students the knowledge, understanding and skills that they need to prepare for employment.

Edexcel Level 3 BTEC Subsidiary in Sport is worth 60 credits over four mandatory units;

- Principles of anatomy, and physiology in sport,
- The physiology of fitness,
- Assessing risk in sport and
- Fitness testing for sport and exercise.

A range of optional units are then offered to make up the other credits.

### **Method of Assessment**

#### **Edexcel BTEC Level 3 Subsidiary Diploma in Sport (QCF)**

The Edexcel BTEC Level 3 Subsidiary Diploma in Sport is a 60-credit and 360-guided-learning-hour (GLH) qualification that consists of **three** mandatory units **plus one** mandatory specialist unit **plus** optional units that provide for a combined total of 60 credits (where at least 45 credits must be at level 3 or above).

#### **Unit Mandatory units – all three units must be taken: Credit Level**

- Principles of Anatomy and Physiology in Sport ,
- The Physiology of Fitness ,
- Risk in Sport

#### **Unit Mandatory specialist units – one unit must be taken from:**

- Fitness Testing for Sport and Exercise,
- Principles and Practices in Outdoor Adventure

#### **Optional Units**

The following are Optional Units. Not all of them may be available to students in any given year, and will depend on range of factors:

Fitness Training and Programming, Sports Coaching, Sports Development , Fitness Testing for Sport and Exercise, Practical Team Sports, Practical Individual Sports , Outdoor and Adventurous Activities, Sports Nutrition, Current Issues in Sport , Leadership in Sport, Exercise, Health and Lifestyle, Instructing Physical Activity and Exercise , Psychology for Sports Performance, Physical Education and the Care of Children and Young People , Work Experience in Sport , Technical and Tactical, Skills in Sport , The Athlete's Lifestyle , Principles and Practices in Outdoor Adventure , Skills for Land-based Outdoor and Adventurous Activities, Skills for Water-based Outdoor and, Adventurous Activities , Sports Facilities and Operational Management.

Pupils will be given a final deadline for each assignment, which will then be marked. Pupils need to ensure that work is of a high standard as a chance to resubmit is no longer available.